



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Boubker Benseddiq (35y) 

has successfully competed in
Ice Swim In Morocco 5th Edition

Aguelmam Azegza Lake -Khénifra
22-Jan-2022

50m Breaststroke in 01:10.41 minutes

Overall 3rd / Age Group (35-39y) 1st
Category Men

Open Water Course

Water 5.80°C, Wind Chill 0.00°C, Altitude 1474m, 32.58° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Morocco
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION