





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ilona Vogt Humberg (50y)



has successfully competed in

IISA 4th World Championship

Glogow, Poland 04-Feb-2022

100m Breaststroke in 01:43.49 minutes

Overall 10th / Age Group (50-54y) 1st

WORLD CHAMPION - AGE GROUP

Category Women

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Poland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION