



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Jean Sparling** (49y) 

has successfully competed in  
IISA 4th World Championship

Glogow, Poland

04-Feb-2022

100m Breaststroke in 01:43.92 minutes

Overall 12th / Age Group (50-54y) 2nd

Category Women

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Ram Barkai  
IISA Chair

*Poland*  
*Chair & Board*

