





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jean Sparling (49y)



has successfully competed in

IISA 4th World Championship

Glogow, Poland 04-Feb-2022

100m Breaststroke in 01:43.92 minutes

Overall 12th / Age Group (50-54y) 2nd **Category Women**

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Poland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION