IISA
INTERNATIONAL ICE SWIMMING ASSOCIATION
POLAND

IISA
4th WORLD CHAMPIONSHIP
GLOGOW 2022

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sarah coughlan (48y)

has successfully competed in

IISA 4th World Championship

Glogow, Poland

04-Feb-2022

100m Breaststroke in 01:51.81 minutes

Overall 20th / Age Group (45-49y) 3rd

Category Women

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N

IISA
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Ram Barkai
IISA Chair

Poland
Chair & Board

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