





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kjeld de Ruyter (49y)



has successfully competed in

IISA 4th World Championship

Glogow, Poland 03-Feb-2022

50m Freestyle in 00:45.77 minutes

Overall 68th / Age Group (50-54y) 12th Category Men

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Poland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION