IISA
INTERNATIONAL ICE SWIMMING ASSOCIATION
POLAND

IISA
4th WORLD CHAMPIONSHIP
GLOGOW 2022

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Christoph Karow (37y)

has successfully competed in

IISA 4th World Championship

Glogow, Poland

03-Feb-2022

100m Freestyle in 01:01.07 minutes

Overall 5th / Age Group (35-39y) 1st

WORLD RECORD - AGE GROUP

WORLD CHAMPION - AGE GROUP

Category Men

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N

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RB

Ram Barkai
IISA Chair

Poland
Chair & Board

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