





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nadja glæde Tønnesen (34y)

has successfully competed in

IISA 4th World Championship

Glogow, Poland 03-Feb-2022

500m Freestyle in 08:37.71 minutes

Overall 14th / Age Group (35-39y) 2nd Category Women [Disabled]

Open Water Course Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Poland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION