



CERTIFICATE OF ACHIEVEMENT

This is to certify that

john ryan (53y) 

has successfully competed in
IISA 4th World Championship

Glogow, Poland

03-Feb-2022

500m Freestyle in 07:41.78 minutes

Overall 22nd / Age Group (50-54y) 3rd
Category Men

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N




Ram Barkai
IISA Chair

Poland
Chair & Board

