





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Patricia Heffernan (59y)



has successfully competed in

IISA 4th World Championship

Glogow, Poland 03-Feb-2022

500m Freestyle in 10:33.32 minutes

Overall 29th / Age Group (60-64y) 4th **Category Women**

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Poland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION