



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Julie-Ann O'Donovan (43y)

has successfully competed in IISA 4th World Championship

> Glogow, Poland 03-Feb-2022

500m Freestyle in 09:38.77 minutes

Overall 23rd / Age Group (40-44y) 5th

Category Women

Open Water Course Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai

INTERNATIONAL ICE SWIMMING ASSOCIATION

Poland Chair & Board

