



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nadja glæde Tønnesen (34y)** 

has successfully competed in  
IISA 4th World Championship

Glogow, Poland

05-Feb-2022

50m Backstroke in 00:55.50 minutes

Overall 20th / Age Group (35-39y) 1st

**WORLD RECORD - AGE GROUP**


**WORLD CHAMPION - AGE GROUP**

Category Women [Disabled]

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
Chair & Board

