



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nadja glæde Tønnesen (34y) 

has successfully competed in
IISA 4th World Championship

Glogow, Poland

05-Feb-2022

250m Freestyle in 04:14.43 minutes

Overall 17th / Age Group (35-39y) 2nd
Category Women [Disabled]

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION