



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Tomasz Polap** (43y) 

has successfully competed in  
IISA 4th World Championship

Glogow, Poland

05-Feb-2022

250m Freestyle in 06:17.16 minutes

Overall 53rd / Age Group (40-44y) 5th  
Category Men

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION