



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Martin Shannon** (49y) 

has successfully competed in  
IISA 4th World Championship

Glogow, Poland

05-Feb-2022

250m Freestyle in 04:35.58 minutes

Overall 43rd / Age Group (50-54y) 6th

Category Men

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Ram Barkai  
IISA Chair

*Poland*  
*Chair & Board*

