CERTIFICATE OF ACHIEVEMENT

This is to certify that

Alan Gleeson (54y)

has successfully competed in

IISA 4th World Championship

Glogow, Poland

05-Feb-2022

250m Freestyle in 04:41.87 minutes

Overall 45th / Age Group (55-59y) 4th

Category Men

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N

Ram Barkai
IISA Chair

Poland
Chair & Board

INTERNATIONAL ICE SWIMMING ASSOCIATION