



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Albert Stienezen (56y)** 

has successfully competed in  
**IISA 4th World Championship**

Glogow, Poland

05-Feb-2022

**250m Freestyle in 03:34.90 minutes**

Overall 18th / Age Group (55-59y) 2nd  
Category Men

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION