





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nadja glæde Tønnesen (34y)



has successfully competed in

IISA 4th World Championship

Glogow, Poland 03-Feb-2022

100m Individual Medley in 01:53.98 minutes

Overall 18th / Age Group (35-39y) 1st

WORLD CHAMPION - AGE GROUP

Category Women [Disabled]

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Poland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION