



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jean Sparling (49y) 

has successfully competed in
IISA 4th World Championship

Glogow, Poland

03-Feb-2022

100m Individual Medley in 01:37.11 minutes

Overall 13th / Age Group (50-54y) 2nd

Category Women

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION