



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Sue Allingham (57y)

has successfully competed in IISA 4th World Championship

> Glogow, Poland 05-Feb-2022

## 50m Butterfly in 00:49.70 minutes

Overall 19th / Age Group (55-59y) 1st WORLD RECORD - AGE GROUP WORLD CHAMPION - AGE GROUP

Category Women

Open Water Course Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N

IS



Ram Barkai IISA Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION

Poland Chair & Board

