



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Richard Nyary (45y) 

has successfully competed in
IISA 4th World Championship

Glogow, Poland

04-Feb-2022

1000m Freestyle in 15:06.21 minutes

Overall 16th / Age Group (45-49y) 4th

Category Men

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION