



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Monika Wilk** (45y) 

has successfully competed in  
**IISA 4th World Championship**

Glogow, Poland

04-Feb-2022

1000m Freestyle in 18:31.94 minutes

Overall 15th / Age Group (45-49y) 1st

**WORLD CHAMPION - AGE GROUP**

Category Women

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*

