IISA
INTERNATIONAL ICE SWIMMING ASSOCIATION
POLAND

IISA
4th WORLD CHAMPIONSHIP

GŁOGÓW
GLOGOW 2022

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Liz Ryan (44y)

has successfully competed in

IISA 4th World Championship

Glogow, Poland

04-Feb-2022

1000m Freestyle in 17:12.23 minutes

Overall 9th / Age Group (40-44y) 4th

Category Women

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N

IISA
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RB

Ram Barkai
IISA Chair

Poland
Chair & Board

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