



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Patricia Heffernan (59y) 

has successfully competed in
IISA 4th World Championship

Glogow, Poland

04-Feb-2022

1000m Freestyle in 21:52.44 minutes

Overall 25th / Age Group (60-64y) 2nd

Category Women

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION