



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Karola Finke (62y) 🔀

has successfully competed in

#### Matroosberg 2021 ICE swim

Matroosberg Nature Reserve, Western Cape, South Africa 20-Aug-2021

## 50m Freestyle in 00:54.00 minutes

### Overall 3rd / Age Group (60-64y) 1st

#### Category Women

Open Water Course Water 8.00°C, Wind Chill 4.10°C, 33.33° S

N-ICE Swim (>5°C)



Ram Barkai IISA Chair South Africa Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION