



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Rukeya Warner (32y)



has successfully competed in

Matroosberg 2021 ICE swim

Matroosberg Nature Reserve, Western Cape, South Africa 20-Aug-2021

500m Freestyle in 13:29.00 minutes

Overall 2nd / Age Group (30-34y) 1st **Category Women** 

Open Water Course Water 8.00°C, Wind Chill 4.10°C, 33.33° S N-ICE Swim (>5°C)



South Africa Chair & Board



TERNATIONAL ICE SWIMMING ASSOCIATION