



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Karine Picchedda (45y)

has successfully competed in

French Championships

Lac des Bois aux Dames, Samoens (74) 28-Feb-2020

1000m Freestyle in 19:27.57 minutes

Overall 7th / Age Group (45-49y) 1st

Category Women

Open Water Course Water 4.70°C, Wind Chill 2.00°C, 46.08° N



Ram Barkai

IISA Chair

France Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION