



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Océane Frappa (21y)** 

has successfully competed in  
**French Championships**

Lac des Bois aux Dames, Samoens (74)

28-Feb-2020

**1000m Freestyle in 16:25.81 minutes**

Overall 4th / Age Group (18-24y) 3rd

Category Women

Open Water Course

Water 4.70°C, Wind Chill 2.00°C, 46.08° N



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION