



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Thierry SACHE** (46y) 

has successfully competed in  
**French Championships**

Lac des Bois aux Dames, Samoens (74)

28-Feb-2020

1000m Freestyle in 16:39.25 minutes

Overall 10th / Age Group (45-49y) 2nd  
Category Men

Open Water Course

Water 4.70°C, Wind Chill 2.00°C, 46.08° N



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION