



CERTIFICATE OF ACHIEVEMENT

This is to certify that

tina deeken (42y) 

has successfully competed in

Silbersee-Ice-Cup

Silbersee Langenhagen

07-Dec-2019

100m Freestyle in 01:58.53 minutes

Overall 4th / Age Group (40-44y) 2nd

Category Women [Disabled]

Open Water Course

Water 4.90°C, Wind Chill 5.20°C, 52.43° N



Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION