



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Stefan Runge** (52y) 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

07-Dec-2019


500m Freestyle in 07:35.34 minutes

Overall 3rd / Age Group (50-54y) 1st  
Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C, 52.43° N



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

