



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Carsten Hilker** (48y) 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

07-Dec-2019

**500m Freestyle in 12:34.81 minutes**

Overall 9th / Age Group (45-49y) 2nd

Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C, 52.43° N



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

