



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**tina deeken** (42y) 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

07-Dec-2019

**500m Freestyle in 10:20.25 minutes**

---

Overall 6th / Age Group (40-44y) 2nd

Category Women [Disabled]

Open Water Course

Water 4.90°C, Wind Chill 5.20°C, 52.43° N



**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION