



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Thorsten Ullrich-Stegemann (53y)** 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

07-Dec-2019

**500m Freestyle in 08:35.37 minutes**

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Overall 5th / Age Group (50-54y) 2nd  
Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C, 52.43° N



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

