



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Stefan Runge (52y)** 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

07-Dec-2019

**1000m Freestyle in 15:33.35 minutes**

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**Overall 2nd / Age Group (50-54y) 1st**

**Category Men**

**Open Water Course**

**Water 4.90°C, Wind Chill 5.20°C, 52.43° N**



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION