



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Chun Kong Mak (33y) 

has successfully competed in

IISA Polish Championships - Silesia Winter Swimming 2020

Katowice, lake Szlomiok (Dolina Trzech Stawów)

22-Feb-2020


1000m Freestyle in 00:14.13 minutes

Overall 12th / Age Group (30-34y) 2nd
Category Men

Open Water Course

Water 4.00°C, Wind Chill -4.00°C




Ram Barkai
IISA Chair

Poland
Chair & Board

