



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Lars Mack** (44y) 

has successfully competed in

6th Ice Swimming Aqua Sphere German Open &  
IISA®WorldCup Veitsbronn 2020  
Veitsbronn Germany

04-Jan-2020

100m Breaststroke in 01:29.20 minutes


Overall 2nd / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 2.80°C, Wind Chill 4.00°C, 49.51° N



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

