



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Bryan Avery (52y) 

has successfully competed in
IISA GB CHAMPIONSHIPS

SANDFORD LIDO

22-Feb-2020

100m Breaststroke in 01:33.34 minutes

Overall 2nd / Age Group (50-54y) 2nd

Category Men

Open Water Course

Water 6.50°C, Wind Chill 0.00°C, 51.89° N

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Great Britain
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION