



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Rachael Harris (51y) 

has successfully competed in
IISA GB CHAMPIONSHIPS

SANDFORD LIDO

22-Feb-2020

200m Freestyle in 05:20.22 minutes

Overall 16th / Age Group (50-54y) 4th

Category Women

Certified Pool Course

Water 6.50°C, Wind Chill 0.00°C, 51.89° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Great Britain
Chair & Board

