CERTIFICATE OF ACHIEVEMENT

This is to certify that

Paul White (56y)

has successfully competed in

IISA GB CHAMPIONSHIPS

SANDFORD LIDO

22-Feb-2020

500m Freestyle in 08:36.90 minutes

Overall 12th / Age Group (55-59y) 2nd

Category Men

Open Water Course

Water 6.50°C, Wind Chill 0.00°C, 51.89° N

N-ICE Swim (>5°C)

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai
IISA Chair

Great Britain
Chair & Board

INTERNATIONAL ICE SWIMMING ASSOCIATION