



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Verena Jung (37y) 

has successfully competed in
Ice Swimming Volendam

zwembad De Waterdam Edam/Volendam

18-Jan-2020

100m Freestyle in 02:00.19 minutes

Overall 2nd / Age Group (35-39y) 1st

Category Women

Open Water Course

Water 6.70°C, Wind Chill 5.00°C, 52.51° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION