



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Deb Tyler (59y) 

has successfully competed in
Ice Swimming Volendam

zwembad De Waterdam Edam/Volendam

18-Jan-2020

500m Freestyle in 12:14.08 minutes

Overall 5th / Age Group (60-64y) 1st

Category Women

Certified Pool Course

Water 6.70°C, Wind Chill 5.00°C, 52.51° N

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Netherlands
Chair & Board

