



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Theo van der Meer (54y)



has successfully competed in

Ice Swimming Volendam

zwembad De Waterdam Edam/Volendam 18-Jan-2020

Ice Mile in 31:17.46 minutes

Overall 6th / Age Group (55-59y) 2nd Category Men

Open Water Course Water 6.70°C, Wind Chill 5.00°C, 52.51° N N-ICE Swim (>5°C)



Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION