



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Theo van der Meer (54y)** 

has successfully competed in

**Ice Swimming Volendam**

zwembad De Waterdam Edam/Volendam

18-Jan-2020

**1000m Freestyle in 18:52.57 minutes**

Overall 9th / Age Group (55-59y) 2nd

Category Men

Open Water Course

Water 6.70°C, Wind Chill 5.00°C, 52.51° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

