



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Thomas Baldwin (20y) 

has successfully competed in
Africa Lesotho Ice Swimming

Afriski, Lesotho, africa

28-Jul-2019

500m Freestyle in 08:29.13 minutes

Overall 1st / Age Group (18-24y) 1st

Category Men

Open Water Course

Water 2.00°C, Wind Chill 1.80°C, 29.61° S



Ram Barkai
IISA Chair

South Africa
Chair & Board

