

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Marga Wessels-Jooste (44y)



has successfully competed in Africa Lesotho Ice Swimming

> Afriski, Lesotho, africa 28-Jul-2019

500m Freestyle in 09:46.81 minutes

Overall 2nd / Age Group (40-44y) 1st **Category Women** 

Open Water Course Water 2.00°C, Wind Chill 1.80°C, 29.61° S



South Africa Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION