

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Thomas Baldwin (20y) **>=**



has successfully competed in Africa Lesotho Ice Swimming

> Afriski, Lesotho, africa 28-Jul-2019

1000m Freestyle in 17:54.44 minutes

Overall 1st / Age Group (18-24y) 1st Category Men

Open Water Course Water 2.00°C, Wind Chill 1.80°C, 29.61° S



South Africa Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION