



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Dominic Mudge** (43y) 

has successfully competed in  
**National Ice Swimming Championships**

Wild Water Armagh

25-Jan-2020

1000m Freestyle in 15:11.81 minutes

Overall 1st / Age Group (40-44y) 1st

Category Men

Certified Pool Course

Water 5.70°C, Wind Chill 5.00°C, 54.35° N

N-ICE Swim (>5°C)



Ram Barkai  
IISA Chair

*Ireland*  
*Chair & Board*

