



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**David Conradie** (53y) 

has successfully competed in  
**National Ice Swimming Championships**

Wild Water Armagh

25-Jan-2020

1000m Freestyle in 17:22.91 minutes

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Overall 3rd / Age Group (50-54y) 1st

Category Men

Certified Pool Course

Water 5.70°C, Wind Chill 5.00°C, 54.35° N

N-ICE Swim (>5°C)



Ram Barkai  
IISA Chair

*Ireland*  
*Chair & Board*

