



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Raymond Oosterbaan (42y) 

has successfully competed in
Open Dutch Championship / Green Heart Ice Swim
Reeuwijkse Hout, Bodegraven-Reeuwijk
01-Feb-2020

100m Freestyle in 01:14.41 minutes

Overall 1st / Age Group (40-44y) 1st
Category Men

Open Water Course
Water 5.90°C, Wind Chill 8.50°C, 52.06° N
N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION