



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Philip Dekkers (44y)** 

has successfully competed in  
**Open Dutch Championship / Green Heart Ice Swim**  
Reeuwijkse Hout, Bodegraven-Reeuwijk  
01-Feb-2020

**200m Freestyle in 04:13.29 minutes**

Overall 9th / Age Group (45-49y) 2nd  
Category Men

Open Water Course

Water 5.90°C, Wind Chill 8.50°C, 52.06° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION